

40 Fun Ideas to Entertain and Teach Your Kids

Sometimes the simplest things are the best when it comes to entertaining and teaching your children. Here are 40 fun and free activity ideas for kids and parents to share together.

1. Make paper dolls/people with clothes that have tabs that fold on.
2. Teach basic math while baking cookies that you can label with numbers in icing.
3. Save giant cardboard boxes and make them into little play houses, paint them.
4. Make home-made play-doh.
5. Design a dinosaur rock garden or whatever animal they like, plant flowers around it.
6. Plant seeds and watch them grow.
7. Take an old or stained t-shirt and paint designs on it.
8. Make paper money and teach your kids to save.
9. Make Birthday, Christmas, Holiday cards with your kids to express their affection to others.
10. Play online educational games.
11. Plant trees and teach kids about caring for the environment.
12. Create your own original song, with instruments found at home like pots and pans.
13. Design your own tie-dyed beach towels, great for old or stained towels.
14. Make your own paper creations: airplanes, boats, birds.
15. Have a design challenge - who can make the boat that carries the most weight before it sinks.
16. Make "goo" by mixing cornstarch and water.
17. Put together a family tree.
18. Put on a puppet show.
19. Draw a treasure map, and hide a treasure.
20. Get an old piece of plywood, or panelling, and let the kids paint their own mural for their room.
21. Let the kids decide what's for dinner, and experiment a little.
22. Pick a word like "happiness" and play a drawing game to see what everyone comes up with.
23. Play "Eye Spy."
24. Play "Hide and Seek."
25. ABC Memory Game: pick an animal for every letter, and practice remembering them all in order - who can remember the most?
26. Make up your own board game.
27. Write and illustrate your own book.
28. Teach your kids to earn money to buy what they want, let them pick the job they want to do at home.
29. Take your kids favorite pictures and make a special picture frame.
30. Make a car out of toilet paper rolls, make as many things you can think of out of toilet paper rolls.
31. Paper mache your own Pinata for a birthday party.
32. Play cards.
33. Practice magic - try to make a coin disappear and reappear.
34. Take blankets, and drape them over chairs to make a fort.
35. Create your own secret handshake.
36. Make and Stock your own first aid kit - teach your kids what to do in an emergency.
37. Make a wind-chime.
38. Frame their art.
39. Do a collage of things you find outside.
40. Take a walk to collect rocks and paint them at home.



Corner

Recipe

Quick & Easy Breaded Parmesan Chicken

This simple and delicious recipe is enough for 4 servings and is ready in just 15 minutes.

INGREDIENTS:

4 boneless, skinless chicken breast halves
 1/2 cup seasoned bread crumbs
 1/4 cup grated Parmesan cheese
 1/2 teaspoon dried basil
 1 egg
 1 tablespoon butter or margarine
 1 tablespoon vegetable oil

DIRECTIONS:

1. Flatten chicken to 1/4-in. thickness.
2. In a shallow bowl, combine bread crumbs, Parmesan cheese and basil.
3. In another bowl, beat the egg. Dip chicken into egg, then coat with crumb mixture.
4. In a large skillet, brown chicken in butter and oil over medium heat for 3-5 minutes on each side or until juices run clear.



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Announcements



Welcome to Amy Stewart, new specialized victim assistance worker in the New Westminster office.

Welcome to Jenn Oudaimy, new administrative assistant in the Burnaby office.

Welcome to Jacky Gruter-Andrew, new counsellor in the Burnaby office.

Welcome to Georgianna Lee, who joined the Parenting Support Program in the Burnaby office.

Welcome to Liselotte Thoraval, new intake worker in the Burnaby Office.

Welcome to Ruby Bajwa, new practicum student in the EIPP program in the Burnaby office.

Welcome to Karen Reimer, new practicum student in the Burnaby office starting in September.

Welcome to Janine Sakai, new practicum student in the New Westminster Office.



Congratulations to Rebecca Christofferson who has posted into a permanent position in the Burnaby office.

Congratulations to Jorge Gonzales who has posted into a permanent position at the New Westminster office.

Congratulations to Mary Bolton for 10 years with Cameray.



Goodbye and good luck to Thea Jardine, victim assistance worker in the New Westminster office.

Goodbye and good luck to Rhonda Woodcock, counsellor in the Burnaby office who left in early April.

Goodbye and good luck to Maria Mesa, office manager in the Burnaby office who is on maternity leave.

Goodbye and good luck to Nicole Croteau from the Parenting Support Program in the New Westminster Office who is on educational leave.