

SEXUAL ABUSE INTERVENTION TRAINING WORKSHOP LEVEL 3

BURNABY BC * September 16 & 17, 2010 * Lake City Inn & Suites

With **Cheryl Bell-Gadsby, M.A., M.F.C.C., R.C.C.**

***Must have had previous sexual abuse intervention training**

Topics:

Day One: Solution Focused Treatment Methods for Treating Sexual Abuse

- Create a framework for understanding the benefits of a solution focused approach to trauma treatment
- Review a Solution-focused protocol for recently traumatized children & youth
- Identifying the stages of healing from childhood sexual abuse
- Consider the benefits and challenges of integrating mindfulness into everyday practice with trauma clients
- Practice solution focused interventions for treating child sexual abuse

Day Two: Utilizing Cognitive Behavioural Therapy (CBT) & Dialectical Behaviour Therapy (DBT) in Trauma Treatment

- Building a framework for understanding and working with challenging clients suffering from trauma
- Dealing with difficult to treat clients and those labeled with Borderline Personality Disorder, Bi-Polar Disorder and trauma induced psychosis (many adolescents are now being labeled with these disorders).
- Practicing some CBT & DBT interventions for complex trauma treatment
- Vicarious Trauma and self-care

Learning will take place via short lecture, interactive discussion and small group exercises.

Cheryl Bell-Gadsby is an educator, psychotherapist, and clinical supervisor with over 20 years of experience specializing in trauma therapy from an Ericksonian and solution-oriented perspective. Cheryl studied and practiced child and family therapy in California before coming to Vancouver to work as a coordinator, therapist and clinical supervisor at Family Services of the North Shore, as Program Coordinator at the Justice Institute of BC, and is currently Director of Adult Services at Salt Spring Island Community Services, a private practitioner and member of the teaching faculty at City University and British Columbia Institute of Technology, School of Business.

Cheryl is the author of the book "Reclaiming Herstory: Ericksonian Solution-focused Therapy for Sexual Abuse". Her expertise includes consultation, program evaluation and the application of psychological skills and principles to business and organizational contexts

HOW TO REGISTER

Cost: \$200 for 2 days training: \$175 if cheque is received before August 16, 2010

Please confirm availability before mailing a cheque.

Once confirmed: Mail cheque to: Cameray Child and Family Services

4585 Hastings Street, Burnaby BC V5C 2K3

Further Information:

call Roxane at 604-291-7422 or email roxane.veltkamp@cameray.ca

Cancellations:

Training fees are refundable, subject to a \$25 administration fee, provided we receive notification at least seven calendar days before the training start date.