

Raising Children with Character:

A parent's guide to raising
courageous, generous and responsible children.



Cameray
Child & Family Services



Cameray Child & Family Services and North Burnaby Neighbourhood House
are hosting 6 free workshops that are open to all
Burnaby and New Westminster families with children 0-5 years old.

Join us for these 6 informative groups where parents will learn how they can support their children in building character. Each week will feature a different topic of interest, where you will be provided with scientific information and practical skills to promote healthy development in children ages 0-5.

Each two hour workshop will consist of an hour of parent education covering the topic listed below, followed by an hour for parents to ask parenting questions and socialize while the children play. Parents can sign up for the entire series, or for individual groups.

Topics include:

- April 21: How to Raise Courageous Children
- April 28: How to Encourage our Children to be Generous
- May 5: How to Foster Gratitude in Children
- May 12: How to Teach Children our Values
- May 19: How to Support our Children in Developing Good Judgment
- May 26: How to Raise Responsible Children

WHERE: BNH North House, 4908 Hastings Street, Burnaby

WHEN: Fridays, April 21 to May 26, 10am -12pm

HOW TO REGISTER: **Registration is required** - to register please email pspgroupsignup@hotmail.com or call 604-436-9449

- Families must have at least one child under the age of 5 to qualify for registration
- FREE Childcare is provided on site – must register for child care
- FREE snacks and bus tickets are also provided at each group

Stronger Children, Stronger Families, Stronger Communities

For more information: Phone: 604-436-9449 | Fax: 604-436-1990 | www.cameray.ca