



**Cameray**  
Child & Family Services

# WORKING WITH GENDER DYSPHORIC CHILDREN & YOUTH: BUILDING YOUR TOOLBOX

Friday, November 5, 2021 - 9am – 4pm

Featuring **Dr. Wallace Wong & Lukas Walther**



This fast-paced one-day workshop features experts in the field of supporting trans and gender dysphoric children and youth. It is appropriate for child and family therapists, psychologists, school counsellors, mental health clinicians, social workers, members of school-based teams, youth and family workers and community service providers. It is designed to provide specific tools to professionals who work with children and youth.



## Working with Children and Youth with Gender Dysphoria

*Dr. Wallace Wong, Registered Psychologist*

## Supporting and Caring for Trans, Gender-Exploring and Gender Dysphoric Youth

*Lukas Walther, Gender Diversity Specialist*

*COVID-19 Safety Protocols in place  
Proof of vaccine required as per PHO orders*

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**REGULAR RATE:**  
**\$185**

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**STUDENT RATE:**  
**\$150**  
(5 seats available)

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**LOCATION:**  
Italian Cultural Centre  
3075 Slocan Street,  
Vancouver, BC

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**LUNCH INCLUDED  
FREE PARKING**

### FOR MORE INFO:

Contact Roxane Veltkamp,  
Executive Administrator  
604-436-9449 ext. 276  
admin@cameray.ca

This workshop is a fundraiser  
for Cameray Child and Family  
Services

## **WORKSHOP DESCRIPTIONS**

### **Working with Children and Youth with Gender Dysphoria (Dr. Wallace Wong)**

Dr. Wong will present in the morning and the first half of the afternoon. This presentation will cover current research and clinical aspects of working with children and youth with gender dysphoria. Objectives for the workshop include:

- Learning current research and clinical practices with this population
- Learning to make different clinical diagnoses for this population (if necessary)
- Learning ways to develop a social-transition plan for children who want to live their affirmed gender openly
- Learning the diversity of this population and the spectrum of their identities
- Learning current treatment guidelines in working with transgender youth
- Addressing the Triadic Therapy Model such as Psychotherapy, Hormones, and Surgeries
- Addressing the current concerns of de-transitioning
- Learning about factors that may be related to one's de-transitioning
- Addressing the myths and the facts about one's de-transitioning
- Learning to work with transgender people who are from different ethnic groups
- Discussing the minority stress and how it affects their coming out and self-actualization process

### **Supporting and Caring for Trans, Gender-Exploring and Gender Dysphoric Youth (Lukas Walther)**

Throughout BC, dedicated healthcare and service providers are supporting their trans and gender-exploring youth as best they can, having had little if any relevant, applicable orientation themselves. The purpose of this presentation is to increase understanding as individuals, and confidence as care providers. A general outline of topics are as follows: general information (history of care in BC; terminology, identity and expression spectrum; social politics); transition motivators (social, biological; degrees of gender distress); psycho-social factors (family, friends, cultural, faith-based; safety; dating); reducing barriers (care access; inclusion indicators; documentation; bathrooms; pronouns; age-appropriate care and supports; common concerns and biases, of loved ones and care providers). Questions will be invited throughout, as a way to ensure aligning with attendee interest.

## **SPEAKER BIOGRAPHIES**

**Wallace Wong** is registered psychologist in both California and British Columbia. He has been working with the GLBT population since 1996. While he continued to work with the GLBT population, he has also worked with children and youth who present with different sexual behavioural issues/ juvenile sex offenders for more than 16 years. He is currently working for the Ministry of Children and Family Development at the Adolescent and Children Sexual Health Program (ACSH), and the Gender Health Program. Dr. Wong also maintains his private practice working mainly with gender variant children and youth and their families. He has made numerous training and workshop both locally and internationally related to this population. Dr. Wong has done research for the transgender population for numbers of years, and they can be found in different professional journals. He has written a chapter of a book named *Trans Activism: A Canadian Reader and Practical Guide*. He was also one of the reviewers/editors of Caring for Transgender Adolescents in BC: Suggested Guidelines and Moving Beyond Trans-Sensitivity: Developing Clinical Competence in Transgender Care - Project Summary and Analysis. Dr. Wong is also an author and published 2 transgender children book called, When Kathy is Keith, and It's Gay and It's Okay. These books have been positively received by the transgender communities.

**Lukas Walther's** career in front-line mental health spans 40+ years (20 in Gender Diversity) as a certified counselor, group facilitator, mentor and educator. He plays a unique role alongside local clinical Gender Diversity specialists, supporting and informing BC's transgender youth and adults, their families, care providers, employers and K-12 schools. He helped create and develop BC's Transgender Health Program, and currently runs several info-sharing discussion groups for trans and questioning youth, and for their parents and guardians, in partnership with MCFD, PLEA Community Services, SD 43 and Purpose Society. He is a repeat invited speaker at numerous post-grad institutes, well-known for splicing technical, clinical aspects of this field with his professional and personal lived experience to create context and clarity, and for utilizing common threads of human nature and wit to ignite empathy and understanding on these particularly complex matters.