

MOMMY CONFESSIONALS: VIRTUAL LIVING ROOM

"I feel so seen!"

"Just by being here & hearing you talk, already helps to release my frustration!!! First time laughing today!!"



"...knowing I'm not alone feeling tired by 8pm and not being able to finish a parenting book."

"lol, sounds like my house. I feel validated."

Join our virtual living room, where we will talk about the things that you shouldn't say out loud!

#momlife

[Click Here to register through Eventbrite](#)

or you can register by emailing us at pspgroupsignup@cameray.ca

Topics change weekly
TUESDAYS 12pm - 12:45pm

Adult Content - Headphones are recommended