



NOBODY'S PERFECT PARENTING PROGRAM™



Cameray

Child & Family Services

www.cameray.ca

This FREE nationally recognized parenting program runs for 6 weeks. Participants choose the topics they wish to learn about in a supportive environment where sharing is encouraged. Topics include (but are not limited to): safety, parenting style, discipline, behaviour, child development, etc.

This program is ideal for parents who want to chat and connect with other parents, improve their parenting skills through discussion and activity-based learning, and have a space to share your experiences.

FOR: Parents with children 0-5 years or expecting parents

WHEN: Wednesdays Feb 9 - Mar 9, 2022 10am-11:30am

WHERE: Virtually on Zoom

HOW TO REGISTER: email us at pspgroupsignup@cameray.ca

OR call us at 604-436-9449