

# About Us

Cameray Child & Family Services is a non-profit organization that supports children, youth, and families in our community through counselling, education, outreach and advocacy.

## Other Programs Offered at Cameray:

### Emergency Sexual Assault Services (ESAS):

This program provides support, counselling, and court preparation for survivors of sexual assault. Referrals may come from any source and there are no age restrictions.

### Early Years Parenting Support Program (EYPSP):

This program offers prevention and early intervention services for parents to strengthen family resiliency. Services include individual parent support sessions and interactive / psycho-educational groups for expectant parents, parents, and caregivers with children aged 0–5.

### Assisting the Community with Transitioning Students Program (ACTS):

The A.C.T.S. program mentors, guides, and builds life skills in children in grades 5-7 to assist them with the transition to high school. The program is held in a variety of schools.

### Child & Youth Victim Support Services (CVSS):

This program provides support and court preparation for children and youth who have witnessed or been the victim of a crime. Referrals can come from any source.

Counselling programs are offered *free of charge* through funding from the **Ministry of Children and Family Development** and the generous support of numerous donors in our community.

#### Funded by:



#### Partnership with:



## Donate

To make a donation, please contact our administration office or visit our website at [www.cameray.ca](http://www.cameray.ca).

Your donation helps us to develop a stronger community, and we offer tax-deductible receipts.

### Cameray Child & Family Services

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**Cameray**  
Child & Family Services

**Counselling  
Programs**

**Connected People,  
Connected Communities**

Serving Burnaby and  
New Westminister since 1972



# Counselling

We offer many types of counselling programs to children, youth, and their families based on their needs. Each of these programs may include individual counselling for the child or youth, parent support, group counselling, and/or family therapy. Please see the list below for the description and referral requirements for each of the counselling programs we have to offer to Burnaby and New Westminster residents.

## **FAMILY PROGRAM:**

This program provides up to 12 sessions for children or youth under 19 with a range of family issues. Referrals may come from any source.



## **SEXUAL ABUSE INTERVENTION PROGRAM (SAIP):**

This program provides up to 24 sessions for children or youth under 19 who have experienced historical sexual abuse, with clear disclosure that has been investigated. Referrals may come from any source.

## **TRAUMA PROGRAM:**

This program provides up to 12 sessions for children or youth under 19 who have experienced trauma. Referrals must come through the Ministry of Children and Family Development (MCFD).

## **SEXUAL HEALTH INTERVENTION PROGRAM (SHIP):**

This program provides up to 12 sessions for children 12 years of age and under exhibiting sexually intrusive behaviour. Referrals may come from any source.

## **HIGH RISK YOUTH PROGRAM (HYRP):**

This program provides up to 12 sessions for high-risk youth under 19. There is no waitlist for this program. Referrals must come through the Ministry of Children and Family Development (MCFD).

## **CHILD AND YOUTH MENTAL HEALTH PROGRAM (C&Y):**

This program provides up to 12 sessions for children or youth under 19 exhibiting mental health issues. Referrals must come through the Ministry of Children and Family Development's Child and Youth Mental Health (CYMH) Program.



## **BRIEF FAMILY PROGRAM:**

This program provides up to 8 sessions for children or youth under 19 with families experiencing a situational crisis. There is no waitlist for this program. Referrals must come through Ministry of Children and Family Development (MCFD).

## **BRIEF SEXUAL ABUSE COUNSELLING PROGRAM:**

This program provides up to 8 sessions for children or youth with a recent sexual abuse disclosure being investigated by Ministry of Children and Family Development and / or police. There is no waitlist for this program. Referrals may come from any source.

# Make a Referral

Referrals can be made either over the phone, in person, via fax or email. Referral forms can also be found on our website at [www.cameray.ca](http://www.cameray.ca)