













## EARLY YEARS PARENTING SUPPORT PROGRAM GROUP CALENDAR

<b>JULY 2023</b>				
Mon	Tue	Wed	Thu	Fri
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>STATUTORY HOLIDAY</b> 		<p>10am – 11:30am <b>Connect and Play</b> <i>Maywood Park, 6480 McKay Ave, Burnaby</i></p> <p>11am – 1pm <b>Nobody's Perfect (Week 4 of 6)</b> <i>Cedar Place 7683 15<sup>th</sup> Street, Burnaby</i></p>	<p>9:30am – 11:30am <b>University Highlands Parent and Child Drop-In</b> <i>Richard Bolton Park (rain or shine) 9388 Tower Road, Burnaby</i></p>	
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<p>10am – 12pm <b>Parenting Topics/ Temas de Crianza de niños (FULL)</b> <i>2055 Rosser Ave, Burnaby</i></p>		<p>10am – 11:30am <b>Connect and Play</b> <i>Maywood Park, 6480 McKay Ave, Burnaby</i></p> <p>11am – 1pm <b>Nobody's Perfect (Week 5 of 6)</b> <i>Cedar Place 7683 15<sup>th</sup> Street, Burnaby</i></p>	<p>9:30am – 11:30am <b>Cameray Infant/Toddler Drop In ★</b> <i>2038 Rosser Ave, Burnaby</i></p> <p>12:30pm – 2:30pm <b>Cameray Infant/Toddler Drop-In ★</b> <i>2038 Rosser Ave, Burnaby</i></p>	
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<p>10am – 12pm <b>Parenting Topics/ Temas de Crianza de niños (FULL)</b> <i>2055 Rosser Ave, Burnaby</i></p>		<p>9:30am – 12:30pm <b>Summer Drop-In at Eighth &amp; Eight ★</b> <i>Room: Studio 1A 735 8<sup>th</sup> Ave, New Westminster</i></p> <p>10am – 11:30am <b>Connect and Play</b> <i>Maywood Park, 6480 McKay Ave, Burnaby</i></p> <p>11am – 1pm <b>Nobody's Perfect (Week 6 of 6)</b> <i>Cedar Place 7683 15<sup>th</sup> Street, Burnaby</i></p>	<p>9:30am – 11:30am <b>University Highlands Parent and Child Drop-In</b> <i>Richard Bolton Park (rain or shine) 9388 Tower Road, Burnaby</i></p>	<p>10am – 12 pm <b>"Ways to Support Writing Development at Home"</b> <i>2038 Rosser Ave, Burnaby</i></p> <p>Pre-registration required – space limited</p>
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<p>10am – 12pm <b>Parenting Topics/ Temas de Crianza de niños (FULL)</b> <i>2055 Rosser Ave, Burnaby</i></p>		<p>9:30am – 12:30pm <b>Summer Drop-In at Eighth &amp; Eight ★</b> <i>Room: Studio 1A 735 8<sup>th</sup> Ave, New Westminster</i></p> <p>10am – 11:30 am <b>Connect and Play</b> <i>Maywood Park, 6480 McKay Ave, Burnaby</i></p>	<p>9:30am – 11:30am <b>Cameray Infant/Toddler Drop-In</b> <i>2038 Rosser Ave, Burnaby</i></p> <p>12:30pm – 2:30pm <b>Cameray Infant/Toddler Drop-In ★</b> <i>2038 Rosser Ave, Burnaby</i></p>	
<b>31</b>				

These groups are for Burnaby and New Westminster residents with one or more children under the age of 5 years old.  
Email us at [pspgroupsignup@cameray.ca](mailto:pspgroupsignup@cameray.ca) to sign up for groups

**ALL ONLINE EDUCATIONAL GROUPS INCLUDE ADDITIONAL TIME AT THE END OF EACH GROUP FOR QUESTIONS AND DISCUSSION**



## Early Years Parenting Support Program: Group Descriptions for JULY 2023

### ★ Interactive Children's Groups: ★

#### Drop-in Groups:

- **Cameray Infant/Toddler Drop-In:** This group is a drop-in for parents and caregivers with children aged 0 to 36 months (older siblings are welcome). Parents can enjoy playtime with their children, meet other parents, and discuss any concerns regarding child development and growth, in a safe and relaxed environment. Weekly topics included in the program are based on child development, health, safety, nutrition. We'll also learn songs and rhymes together. A light snack will be provided. This drop-in group is at **2038 Rosser Avenue**.  
★ *No registration required and families may come and go as they please during the group time.*
- **Summer Drop-In at Eighth and Eight Studio 1A:** In collaboration with *New Westminster Family Place* at Eighth and Eight (formerly known as Massey) at **735 8<sup>th</sup> Ave, New Westminster**, this family-friendly drop-in includes free play and early learning programming, as well as literacy and art-based activities for the little ones. Families may drop-in between **9:30 am to 12:30 pm**.  
★ *No registration is required, but space is limited.*
- **University Highlands Family Drop-In:** Join us at **Richard Bolton Park, 9388 Tower Road, Burnaby** for our parent-child drop-in program (in partnership with University Highlands Elementary and the City of Burnaby). For the summer months, our program will move from the preschool room at University Highlands Elementary to Richard Bolton Park (behind the schoolyard). If you have children aged 0-5, our drop-in is a fun-filled and imaginative way to foster your child's early learning and development. During this 2-hour drop-in, parents, caregivers, and children can engage in playtime, enjoy a light snack, and participate in circle time.  
★ *Older siblings may join our outdoor program this summer (rain or shine). You'll find us under a popup canopy near the playground.*
- **Connect and Play at Maywood Park:** From **July 5 to September 6**, join us in the park on Wednesdays between **10am and 11:30 am** to connect and play with other families. This group is for parents and caregivers with children age 0 to 5 years old and we'll provide a variety of family-friendly activities. Light snacks will be provided; please bring your own water/beverages. See you at **Maywood Park, 6480 McKay Avenue, Burnaby**.  
★ *No registration is required.*

#### Educational Groups:

- **Ways to Support Writing Development at Home: Friday, July 21, 10am-12pm, 2038 Rosser Ave, Burnaby.** For young children, there are four stages of drawing and writing that you may notice as your child grows from 15 months to 7 years of age. During this education group, parents and caregivers will learn about the stages of writing development, common writing challenges and how to offer fun experiences with a variety of art and writing materials to support progress over time. Between 10:00am and 10:30am, parents and children will have time to get settled. The workshop will run from 10:30am-11:30am. The last 30 minutes will be reserved for Q&A and mingling. Childcare is available. **PRE-REGISTRATION REQUIRED. SPACE LIMITED.**
- **Parenting Topics: Mondays, July 10, 17, 24, 31 (through to August 14, 21, 28), 10am to 12pm, 2055 Rosser Ave, Burnaby.** A series of parenting topics chosen by participants. A safe space to share opinions, concerns, and improve parenting skills.  
**Temas de Crianza de niños: Lunes, 10, 17, 24, 31 de Julio (14, 21, 28 de Agosto), 10am a 12pm. Dirección: 2055 Rosser Ave, Burnaby.** Las participantes escogen los temas relacionados con la crianza de los niños. Un espacio seguro para mujeres de habla hispana, donde podemos compartir nuestras opiniones, preocupaciones, y desarrollar nuestras habilidades en la crianza de nuestros hijos.
- **Nobody's Perfect: Wednesdays July 5, 12, 19, 11am - 1pm, Cedar Place, 7683 15<sup>th</sup> Street, Burnaby.** These dates are last three sessions of this six-week program. The program is designed to meet the needs of parents. This is a safe space to connect with other parents, share your experiences, concerns and ideas about parenting. We will discuss topics about positive discipline, child development, communication, conflict resolution and much more ...

#### Online Groups:

Please note that no internet-based group is 100% confidential. However, in an effort to keep information private, we will require a meeting password for all online groups in order to enter each group and we will not allow any recording of groups. We also ask that any information learned about other participants in group is kept between participants only.