

# EARLY YEARS PARENTING SUPPORT PROGRAM GROUP CALENDAR

AUGUST 2023				
Mon	Tue	Wed	Thu	Fri
	1	2	3	4
	10am – 11:30am Picnic and Play Drop-In ★ Willingdon Heights Park, 4191 Carleton Ave Burnaby	10am – 11:30am <b>Connect and Play</b> <i>Maywood Park,</i> 6480 McKay Ave Burnaby	9:30am – 11:30am University Highlands Parent and Child Drop-In Richard Bolton Park (rain or shine) 9388 Tower Road, Burnaby	
7	8	9	10	11
STATUTORY HOLIDAY		10am – 11:30am <b>Connect and Play</b> <i>Maywood Park,</i> 6480 McKay Ave Burnaby	9:30am – 11:30am Cameray Infant/Toddler Drop-In ★ 2038 Rosser Ave, Burnaby  12:30pm – 2:30pm Cameray Infant/Toddler Drop-In ★ 2038 Rosser Ave, Burnaby	
14	15	16	17	18
10am – 12pm Parenting Topics/ Temas de Crianza de niños (FULL) 2055 Rosser Ave, Burnaby		9:30am – 12:30pm  Summer Drop-In at  Eighth & Eight ★  Room: Studio 1A  735 8 <sup>th</sup> Ave  New Westminster  10am – 11:30am  Connect and Play  Maywood Park, 6480 McKay Ave  Burnaby	9:30am – 11:30am University Highlands Parent and Child Drop-In Richard Bolton Park (rain or shine) 9388 Tower Road, Burnaby	10am – 12 pm  "Conversations Count"  2038 Rosser Ave Burnaby  Pre-registration required – space limited
21	22	23	24	25
10am – 12pm Parenting Topics/ Temas de Crianza de niños (FULL) 2055 Rosser Ave, Burnaby		9:30am – 12:30pm  Summer Drop-In at  Eighth & Eight ★  Room: Studio 1A  735 8 <sup>th</sup> Ave  New Westminster  10am – 11:30 am  Connect and Play  Maywood Park, 6480 McKay Ave  Burnaby	9:30am – 11:30am Cameray Infant/Toddler Drop-In 2038 Rosser Ave, Burnaby  12:30pm – 2:30pm Cameray Infant/Toddler Drop-In ★ 2038 Rosser Ave, Burnaby	
28	29	30	31	
10am – 12pm Parenting Topics/ Temas de Crianza de niños (FULL) 2055 Rosser Ave, Burnaby		10am – 11:30 am <b>Connect and Play</b> <i>Maywood Park,</i> 6480 McKay Ave Burnaby		

These groups are for Burnaby and New Westminster residents with one or more children under the age of 5 years old. Email us at <a href="mailto:pspgroupsignup@cameray.ca">pspgroupsignup@cameray.ca</a> to sign up for groups

ALL ONLINE EDUCATIONAL GROUPS INCLUDE ADDITIONAL TIME AT THE END OF EACH GROUP FOR QUESTIONS AND DISCUSSION



# Early Years Parenting Support Program: Group Descriptions for AUGUST 2023

## **★Interactive Children's Groups:**★

## **Drop-in Groups**:

- Picnic and Play in the Park Drop-In: Join us from 10:00 am to 11:30 am at Willingdon Heights Park, 1491 Carleton Ave, Burnaby, for some time to play, engage in fun activities and connect with other families and the EYPSP staff. We'll provide a light snack; please bring your own beverages. See you there!
  - ★ No registration required; drop -n between 10:00am and 11:30 am.
- Cameray/Rosser Infant/Toddler Drop-In: This group is a drop-in for parents and caregivers with children aged 0 to 36 months. During this two-hour program, parents can enjoy playtime with their child, meet other families, and discuss any concerns regarding child development and growth, in a safe and relaxed environment. Light snacks are provided. \*Please note: as our program is funded for 0-5 years, older siblings up to 5 years of age are welcome to attend during the summer months. We will be sure to offer some activities that are suitable for the skill level of pre-k children. This drop-in group is at 2038 Rosser Avenue.
  - ★ No registration required and families may come and go as they please during the group time.
- Summer Drop-In at Eighth and Eight Studio 1A: In collaboration with New Westminster Family Place at Eighth and Eight (formerly known as Massey) at 735 8<sup>th</sup> Ave, New Westminster, this family-friendly drop-in includes free play and early learning programming, as well as literacy and art-based activities for the little ones. Families may drop-in between 9:30 am to 12:30 pm.
  - **★**No registration is required, but space is limited.
- University Highlands Family Drop-In: Visit our parent child drop-in program in partnership with University Highlands Elementary and the City of Burnaby. For the summer months our program will move from the preschool room at University Highlands Elementary, to Richard Bolton Park, 9388 Tower Road (behind the schoolyard). If you have children aged 0-5, our drop-in is a fun-filled and imaginative way to foster your child's early learning and development. During this 2-hour drop-in (9:30 to 11:30 am), parents, caregivers, and children can engage in playtime, enjoy a light snack, and participate in circle time. \*Older siblings may join our outdoor program this summer. You'll find us under a popup canopy near the playground.
- Connect and Play at Maywood Park: Continuing from July 5, and to September 6, join us in the park on Wednesdays between 10am and 11:30 am to connect and play with other families. This group is for parents and caregivers with children age 0 to 5 years old and we'll provide a variety of family-friendly activities. Light snacks will be provided; please bring your own water/beverages. See you at Maywood Park, 6480 McKay Avenue, Burnaby. ★No registration is required.

#### **Parent Educational Groups:**

habilidades en la crianza de nuestros hijos.

- Conversations Count: Friday, August 18, 10am-12pm, 2038 Rosser Ave, Burnaby.

  From birth children are surrounded in a world full of language. As they begin to develop their own oral language, the influence of the adults around them is imperative. Hearing others speak begins the process of learning how language works. Join us for this workshop to learn how to have conversations with your children that support social and emotional growth, and academic learning. Between 10:00am and 10:30am, parents and children will have time to get settled. The workshop will run from 10:30am-11:30am. The last 30 minutes will be reserved for Q&A and mingling. Childcare is available. PRE-REGISTRATION REQUIRED. SPACE LIMITED.
- Parenting Topics: Mondays, August 14, 21 and 28, 10am to 12pm, 2055 Rosser Ave, Burnaby. A series of parenting topics chosen by participants. A safe space to share opinions, concerns, and improve parenting skills.
   Temas de Crianza de niños: Lunes, 14, 21, 28 de Agosto), 10am a 12pm. Dirección: 2055 Rosser Ave, Burnaby. Las participantes escogen los temas relacionados con la crianza de los niños. Un espacio seguro para mujeres de habla hispana, donde podemos compartir nuestras opiniones, preocupaciones, y desarrollar nuestras

#### **Online Groups:**

Please note that no internet-based group is 100% confidential. However, in an effort to keep information private, we will require a meeting password for all online groups in order to enter each group and we will not allow any recording of groups. We also ask that any information learned about other participants in group is kept between participants only.