

FREE PARENTING CONSULTATION



Feel free to drop by for a 30-minutes free consultation with Cameray's Parent Educator to discuss your concerns regarding parenting and children's development issue.

PARENTING CONSULTATIONS COVERS, BUT ARE NOT LIMITED TO.....

- Identify family strengthen that helps to create positive bonding
- Address behavioral challenges exhibited by the teens
- Ways to enhance effective communication
- Understand age-appropriate developmental milestones
- Cultivate self-worth and self-compassion
- How to raise a good human
- Boundaries setting
- Support teens to develop emotional and mental well-being



DATES & TIME

Dec 18, 2023 (Mon) 9am-1pm

Jan 08, 2024 (Mon) 9am-1pm

Jan 29, 2024 (Mon) 9am-1pm

ELIGIBILITY

- Families resides in Burnaby or New Westminster
- Have a child aged between 6 to 18 years old

WHERE

Location: Cameray's office at The Wellness Centre

Address: 820 Sixth Street, New Westminster, BC. V3M 3S2

(located via an exterior entrance, on south side of New Westminster Secondary School)

LANGUAGE AVAILABLE

- English
- Cantonese
- Mandarin

Enquiry: annie.ngai@cameray.ca or call us at 604-436-9449 ext 238
Website: www.cameray.ca

ANNIE NGAI, RSW (SHE/HER)
Parent Support Counsellor, Parent Educator