













EARLY YEARS PARENTING SUPPORT PROGRAM MONTHLY GROUP CALENDAR

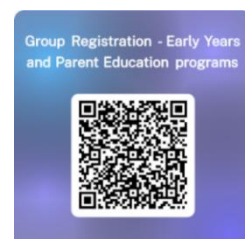
AUGUST 2025

Mon	Tue	Wed	Thu	Fri
				1
				
4	5	6	7	8
STATUTORY HOLIDAY		9:30am – 11:30am Drop-In @Moody Park <i>with Family Place New West</i> 600 Eighth Street New Westminster 10:00am – 11:30am Connect & Play at Maywood Park <i>In partnership with YMCA CCRR</i> 6480 MacKay Ave, Burnaby	9:30am – 11:30am Summer Drop-in at Richard Bolton Park Richard Bolton Park (behind the schoolyard) 9388 Tower Road Burnaby	
11	12	13	14	15
10:00am – 12:00pm Mom's Art Time Cameray 2038 Rosser Ave Burnaby REGISTRATION REQUIRED	 	9:30am – 11:30am Drop-In @Moody Park <i>with Family Place New West</i> 600 Eighth Street New Westminster 10:00am – 11:30am Connect & Play at Maywood Park <i>In partnership with YMCA CCRR</i> 6480 MacKay Ave, Burnaby 10:00am – 12:00pm Toilet Training Cameray 2038 Rosser Ave, Burnaby REGISTRATION REQUIRED	4:30pm – 7:30pm Burnaby Neighbourhood House Brentwood House Summer Social Brentwood Neighbourhood House 2055 Rosser Ave, Burnaby	 
18	19	20	21	22
10:00am – 12:00pm Creating Boundaries by Developing Assertiveness Cameray 2038 Rosser Ave Burnaby REGISTRATION REQUIRED 1:00pm – 3:00pm Book Buddies Cameray 2038 Rosser Ave Burnaby REGISTRATION REQUIRED	10:00am – 1:00pm Family Fun, Right Outside our Door Cameray 2038 Rosser Ave Burnaby	9:30am – 11:30am Drop-In @Moody Park <i>with Family Place New West</i> 600 Eighth Street New Westminster 10:00am – 11:30am Connect & Play at Maywood Park <i>In partnership with YMCA CCRR</i> 6480 MacKay Ave, Burnaby 10:00am – 12:00pm Sink or Float Interactive Group Cameray 2038 Rosser Ave, Burnaby REGISTRATION REQUIRED	9:30am – 11:30am Summer Drop-in at Richard Bolton Park Richard Bolton Park (behind the schoolyard) 9388 Tower Road Burnaby	10:00am – 12:00pm The Prepared Home: Nurturing Independence from Birth to Three the Montessori Way Cameray 2038 Rosser Ave Burnaby REGISTRATION REQUIRED
25	26	27	28	29
10:00am – 12:00pm Play and Social Time at the Park Confederation Park 250 Willingdon Avenue Burnaby		9:30am – 11:30am Drop-In @Moody Park <i>with Family Place New West</i> 600 Eighth Street New Westminster 10:00am – 11:30am Connect & Play at Maywood Park <i>In partnership with YMCA CCRR</i> 6480 MacKay Ave, Burnaby	9:30am – 11:30am Rosser Infant/Toddler Drop-In ★ Cameray 2038 Rosser Ave, Burnaby 12:30pm – 2:30pm Rosser Infant/Toddler Drop-In ★ Cameray 2038 Rosser Ave, Burnaby	11:00am – 2:00pm Cameray Family Grill & Chill Cameray 2038 Rosser Ave Burnaby REGISTRATION REQUIRED

Groups are for families who live in Burnaby and New Westminster - no other cities, please.

Please register at least five days prior to a group's start date, as this helps ensure that your registration is confirmed.

Scan the code to register:



Early Years Parenting Support Programs: Group Descriptions for AUGUST 2025

★ Interactive Groups for families with children age 5 and under ★

Drop-in Groups (no registration required):

- Summer Drop-in at Richard Bolton Park: Thursdays, August 7 and 21.** Visit our parent child drop-in program, **in partnership with University Highlands Elementary** and the **City of Burnaby**. For the summer months, our program will move from the preschool room at University Highlands Elementary to Richard Bolton Park, **9388 Tower Road** (behind the schoolyard). For children aged 0-5, our drop-in is a fun-filled and imaginative way to foster your child's early learning and development. During this two-hour drop-in, parents, caregivers, and children can engage in play time, enjoy a light snack, and participate in circle time. ***Older siblings may join our outdoor program this summer.** You'll find us near the playground. **★No registration is required.**
 - BNH/Brentwood House Summer Social: Thursday, August 14, 4:30 pm to 7:30 pm, Cameray, 2055 Rosser Avenue, Burnaby.**
Hosted by Burnaby Neighbourhood House, the Brentwood Summer Social returns for the 2nd year! Join us for a variety of adult and family friendly games and activities, bouncy castle, lots of food and tons of fun on Rosser Avenue (between Dawson Street and Lougheed Hwy). Enjoy listening and dancing to live DJ music, while connecting with community members, both neighbours and local businesses. Burnaby Firefighters will be grilling a variety of barbecue treats. We look forward to seeing you there! **★No registration is required.**
 - Play and Social Time at the Park: Monday, August 25, 10:00 am to 12:00 pm, Confederation Park, 250 Willingdon Avenue, Burnaby.**
Join us at Confederation Park for a fun play and social time at the playground. Cameray will provide light snacks and activities. Please ensure that you bring beverages for yourself and your child(ren), a hat, plenty of sunscreen and a blanket. Wear appropriate clothing according to the weather. See you there! **★No registration is required.**
 - Drop-In at Moody Park: In collaboration with Family Place New West,** this family-friendly drop-in includes free play and early learning programming, as well as literacy, story time and art-based activities for your little ones. Families are welcome to drop by between 9:30 am and 11:30 am. Join us this summer in the park, at Moody Park (playground area) 600 Eighth Street. **★No registration is required, but space may be limited.**
 - Connect and Play at Maywood Park: Until August 27. In partnership with YMCA CCRR**
Join us in the park on Wednesdays between **10:00 am and 11:30 am** to connect and play with other families. This group is for parents and caregivers with children age 0 to 5 years old and we'll provide a variety of family-friendly activities. Light snacks will be provided; please bring your own water/beverages. **★No registration is required.** See you at Maywood Park, 6480 McKay Avenue, Burnaby. **★No registration is required.**
 - Family Fun, Right Outside our Door: Tuesday, August 19, 11:00 am to 2:00 pm, Cameray, 2038 Rosser Avenue, Burnaby.** Swing by our front entrance on August 19th, anytime between 10:00am and 1:00pm for a few awesome summer activities! Whether you're looking for a little creative fun, some outdoor games, or just a chance to say "hi," we've got something for everyone. Bring your kids, neighbours, and friends...come make some memories with us! **★No registration is required.**
 - Rosser Infant/Toddler Drop-In: Thursday, August 28.** This bi-weekly drop-in group (9:30 am to 11:30 am, and 12:30 pm to 2:30 pm) is for parents and caregivers with children aged 0 to 36 months. During this two-hour program, parents can enjoy play time with their child, meet other families, and discuss any concerns regarding child development and growth, in a safe and relaxed environment. Light snacks are provided. This drop-in group is at 2038 Rosser Avenue, Burnaby. **★No registration is required, and families may come and go as they please during the group time.**
- ★Please note: no group on Thursday, August 14, due to preparations for the Brentwood Summer Social event that afternoon. Families are welcome to visit us during the Brentwood Summer Social event.**

Parent Educational Groups (additional time for questions and discussion is included at the end of each group):

- Mom's Art Time: Monday, August 11, 10:00 am to 12:00 pm, Cameray, 2038 Rosser Avenue, Burnaby.**
Guest artist, [Nohra Jacobsen](#), will host a creative painting class, and you will have the opportunity to create your own piece of unique artwork. This is the perfect opportunity to focus on yourself, in a calm, supportive and creative atmosphere. No experience required; just go with the flow! **For this group, please note that all children must remain in the childminding room.** Childminding is provided for children age six and under. Bus tickets are available upon request. **PRE-REGISTRATION REQUIRED. SPACE LIMITED.**

- Toilet Training: Wednesday, August 13, 10:00 am to 12:00 pm, Cameray, 2038 Rosser Avenue, Burnaby.**
 During this session, we will tackle common questions such as, “When should I start toilet training?” “What method should I use?” and ‘How do I prepare myself and my child?’ We’ll discuss the basics of toilet training, and we will learn some step-by-step strategies, as well as tips and tricks, to help you successfully train your child.
 Childminding and bus tickets are available upon request. **PRE-REGISTRATION IS REQUIRED. SPACE LIMITED.**
- Creating Boundaries by Developing Assertiveness: Monday, August 18, 10:00 am to 12:00 pm, Cameray, 2038 Rosser Avenue, Burnaby.**
 During this group, we will look at what the boundaries are, how we can create healthy boundaries with those around us, including with our children, and how we can be assertive. Childminding and bus tickets are available upon request.
PRE-REGISTRATION REQUIRED. SPACE LIMITED.
- Book Buddies: Monday, August 18, 1:00 pm to 3:00 pm, Cameray, 2038 Rosser Avenue, Burnaby.**
 What do you see? A box? A spaceship? A castle? A race car? To your child, a simple box can be anything that interests them—just waiting to be explored. Please join us for a fun, hands-on family workshop inspired by Not A Box. We’ll explore how kids see the world with endless imagination, and how parents and caregivers can learn alongside them, spark creativity, and encourage big ideas through play and reading. Let’s read, create, and grow together. You might be surprised what a box (and a book!) can become. Childminding and bus tickets are available upon request.
PRE-REGISTRATION IS REQUIRED. SPACE LIMITED.
- Sink or Float Interactive Group: Wednesday, August 20, 10:00 am to 12:00 pm, Cameray, 2038 Rosser Avenue, Burnaby.**
 Join us for a hands-on science adventure appropriate for families with children ages 3–5 years. In our *Sink or Float* experiment, your little scientists will explore which everyday objects sink and which ones float. Children will make predictions, test their ideas, and observe the results. We’ll learn about water, buoyancy, and the properties of different materials in a fun, interactive way. **Please dress your child in clothes you don’t mind getting wet...**this activity includes lots of splashing and exploring! **PRE-REGISTRATION IS REQUIRED. SPACE LIMITED.**
- The Prepared Home: Nurturing Independence from Birth to Three the Montessori Way: Friday, August 22, 10:00 am to 12:00 pm, Cameray, 2038 Rosser Avenue, Burnaby.**
 Learn how to create a simple, supportive home environment for your child’s first three years using Montessori principles. This workshop shows how small, low-cost changes can encourage independence, movement, language, and confidence...laying the foundation for healthy development. Discover how a calm, organized space tailored to your child’s needs can make a big impact without a big budget. We look forward to welcoming guest presenter [Aishah Namuteb](#), certified Montessori guide specializing in the 0–3 years developmental stage. Aishah will join us over Zoom. Between 10:00am and 10:30am, parents and children will have time to get settled. Workshop content will be delivered from 10:30am-11:30am. The last 30 minutes will be reserved for Q&A and mingling. Childcare is available. Snacks and bus tickets available. **PRE-REGISTRATION REQUIRED. SPACE LIMITED.**
- Cameray Family Grill & Chill: Friday, August 29, 11:00 am to 2:00 pm, Cameray, 2038 Rosser Avenue, Burnaby.**
 Join us for a laid-back lunch gathering on the balcony, between 11:00am and 2:00pm. Bring your picnic lunch and enjoy connecting with other parents! Our BBQ will be fired up and ready if you'd like to grill, and we'll have a few tasty sides to share. There will be some fun activities for children and parents to engage in before or after you eat. Come and go as you please. **PRE-REGISTRATION REQUIRED. SPACE LIMITED.**

Please note:

Group registration fills up very quickly. If you register for a group and can no longer attend, please email us at pspgroupsignup@cameray.ca so that we can offer your spot to another family. Thank you.