

About Us

Cameray Child & Family Services is a non-profit organization that supports children, youth and families in our community through counselling, education, outreach and advocacy. We are committed to providing specialized services that empower children, youth, and families in an inclusive, accessible, and safe environment.

Programs we offer

At Cameray, we provide a number of counselling and support programs for children, youth, and families in Burnaby and New Westminster.

Please scan the QR code to access our programs page, where you can view information about the different programs and support Cameray offers.



Make a Referral

Referrals can be made either over the phone, in person, faxed or emailed. Referral forms can be found on our website at www.cameray.ca



Funding

Our programs are offered *free of charge* through funding from the **Ministry of Children and Family Development** and the generous support of numerous donors in our community.



Donate

Donate easily and securely online through Canada Helps where you will be eligible for a tax receipt.

We accept cash, cheques, and donations of gift cards and certain goods. Please take time to review our families Wishlist before donating physical items.

Scan the QR code to be taken to our Support page where you can review our families Wishlist and submit a donation.



Cameray Child and Family Services

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Cameray
Child & Family Services

Counselling Programs

**Connected People,
Connected Communities**

Serving Burnaby and
New Westminster since 1972



Counselling:

We offer many types of counselling programs to children, youth, and their families based on their needs. Each of these programs may include individual counselling for the child or youth, parent support, group counselling, and/or family therapy. Please see the list below for the description and referral requirements for each of the counselling programs we have to offer to Burnaby and New Westminster residents.

What We Do:

Cameray offers support for individuals at any point in their recovery process. We provide a safe, non-judgemental space where you can share your experiences. Our staff are trained in trauma-informed care and will work with you at your pace. We offer confidential, one-on-one counselling services with a trained counsellor. Counselling is available at any stage of your healing journey and is designed to help survivors process their experiences in a safe, supportive environment.

FAMILY PROGRAM:

This program provides up to 12 sessions for children or youth under 19 with a range of family issues.

Referrals may come from any source.

BRIEF FAMILY PROGRAM:

This program provides up to 8 sessions for children or youth under 19 with families experiencing a recent unexpected event. There is minimal waitlist for this program. *Referrals must come through Ministry of Children and Family Development (MCFD).*

TRAUMA PROGRAM:

This program provides up to 12 sessions for children or youth under 19 who have experienced trauma. *Referrals must come through the Ministry of Children and Family Development (MCFD).*

SEXUAL ABUSE INTERVENTION PROGRAM (SAIP):

This program provides up to 24 sessions for children or youth under 19 who have experienced historical sexual abuse with a clear disclosure.

Referrals may come from any source.

BRIEF SEXUAL ABUSE PROGRAM:

This program provides up to 8 sessions for children or youth with a recent incident of sexual abuse or sexual assault with a clear disclosure. There is minimal wait for this program. *Referrals may come from any source.*

HIGH RISK YOUTH PROGRAM (HRYP):

This program provides up to 12 sessions for high-risk youth under 19. There is minimal waitlist for this program. *Referrals must come through the Ministry of Children and Family Development (MCFD).*

SEXUAL HEALTH INTERVENTION PROGRAM (SHIP):

This program provides up to 12 sessions for children 12 years of age and under exhibiting sexually intrusive behaviour. *Referrals may come from any source.*

CHILD AND YOUTH MENTAL HEALTH PROGRAM (C&Y):

This program provides up to 12 sessions for children or youth under 19 exhibiting moderate mental health issues. *Referrals must come through the Ministry of Children and Family Development's Child and Youth Mental Health (CYMH) Program.*

