

## About Us

Cameray Child & Family Services is a non-profit organization that supports children, youth and families in our community through counselling, education, outreach and advocacy. We are committed to providing specialized services that empower children, youth, and families in an inclusive, accessible, and safe environment.

## Programs we offer

At Cameray, we provide a number of counselling and support programs for children, youth, and families in Burnaby and New Westminster.

Please scan the QR code to access our programs page, where you can view information about the different programs and support Cameray offers.



## Make a Referral

Referrals can be made either over the phone, in person, faxed or emailed. Referral forms can be found on our website at [www.cameray.ca](http://www.cameray.ca)



## Funding

Our programs are offered *free of charge* through funding from the **Ministry of Children and Family Development** and the generous support of numerous donors in our community.



## Donate

Donate easily and securely online through Canada Helps where you will be eligible for a tax receipt.

We accept cash, cheques, and donations of gift cards and certain goods. Please take time to review our families Wishlist before donating physical items.

Scan the QR code to be taken to our Support page where you can review our families Wishlist and submit a donation.



### Cameray Child and Family Services

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## Sexual Assault Services

**Connected People,  
Connected Communities**

Serving Burnaby and  
New Westminster since 1972



# SAS Program Focus:

Cameray's Sexual Assault Services Programs are designed to be inclusive and accessible to all individuals, regardless of gender, sexual orientation, race, ethnicity, ability, or background. Cameray celebrates diversity and are committed to creating a welcoming environment for all survivors.

Cameray aims to make both the Victim Services and Counselling Programs as accessible as possible. Support is available in a variety of formats (phone, in-person, and video) to meet the needs of survivors, regardless of their circumstances.

## What We Do:

Cameray offers support for individuals at any point in their recovery process. We provide a safe, non-judgemental space where you can share your experiences. Our staff are trained in trauma-informed care and will work with you at your pace. We offer confidential, one-on-one counselling services with a trained counsellor. Counselling is available at any stage of your healing journey and is designed to help survivors process their experiences in a safe, supportive environment.

### VICTIM SERVICES

The Victim Support program is designed to provide survivors of sexual assault with compassionate, non-judgemental support, empowering individuals to make informed decisions about their healing journey. Support is available by phone, in-person and via video call.

#### Services Include

- Emotional support is offered whether you are engaged with the criminal justice process or not.
- Assistance with safety planning and support.

- Accompaniment to court and or medical appointments or hospital visits.
- Help understanding the legal and justice process.
- Up-to-date information on the status of investigations and court cases.
- Support with filling out justice-related paperwork.
- Resources and referrals to legal support, counselling, and other specialized services.



### COUNSELLING SERVICES

The Counselling program provides flexible, individual, trauma-informed counselling services tailored to the needs of survivors of sexual assault. Our goal is to support you in navigating the emotional and psychological impacts of trauma, while fostering healing, resilience, and empowerment. Support is available by both in-person and video call.

#### Services Include

- Individual Counselling:* A safe, private space to explore and work through the emotional and psychological effects of sexual assault.

Counselling services are rooted in trauma-informed care, ensuring your safety and control throughout the process. Resources and referrals, if additional support is needed, can be provided

