





















PARENT EDUCATION PROGRAM MONTHLY CALENDAR

DECEMBER 2025









Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
	10:00am – 12:00pm (session 3 of 4) Cantonese Picture Book Workshop for Parents: Crocodile and Giraffe (facilitated in Cantonese) Cameray 2038 Rosser Ave, Burnaby REGISTRATION REQUIRED			
8	9	10	11	12
Between 9:00am – 1:00pm One-to-One Parenting Consultations New Westminster Wellness Centre 2038 820 Sixth Street, New Westminster	10:00am – 12:00pm (session 4 of 4) Cantonese Picture Book Workshop for Parents: Crocodile and Giraffe (facilitated in Cantonese) Cameray 2038 Rosser Ave, Burnaby REGISTRATION REQUIRED	9:30am – 11:30am EYPSP & PEP Winter Party Cameray 2038 Rosser Ave, Burnaby REGISTRATION: **Priority given to families who have attended a group in the last six months NO DROP-IN'S		
15	16	17	18	19
Between 9:00am – 1:00pm One-to-One Parenting Consultations New Westminster Wellness Centre 2038 820 Sixth Street, New Westminster				
22	23	24	25	26
				
29	30	31		
				

Group content and individual parenting consultations focus on middle childhood and adolescence, and best support parents with **one or more children aged 6 to 18, who live in Burnaby and New Westminster.**

Individual Parenting Consultations: December 8 and 15

- You are welcome to drop by for a 30-minutes free consultation with a Parent Support Counsellor and Educator to discuss your concerns regarding parenting and children and youth (aged 6 to 18) development concerns.

Parenting consultations cover, but are not limited to:

-  Identifying families strengthen their skills to help create positive bonding
-  Addressing behavioral challenges exhibited by tweens and teens
-  Exploring ways to enhance effective communication
-  Understanding age-appropriate developmental milestones
-  Cultivating self-worth and self-compassion
-  Seeking alternate ways in how to raise a good human being
-  Boundary setting
-  Supporting tweens and teens to develop emotional and mental well-being

Available languages: English, Cantonese, and Mandarin.

Individual Parenting Consultations are in-person at Cameray's office at **The Wellness Centre, 820 Sixth Street, New Westminster, BC. V3M 3S2** (located via an exterior entrance, on south side of New Westminster Secondary School).

Call Annie (Parent Support Counsellor) at: 604-436-9449 ext. 238 or email annie.ngai@cameray.ca to inquire about and register for individual consultations.

Parent Educational Groups

(additional time for questions and discussion is included at the end of each group):

- Cantonese Picture Book Workshop for Parents: Crocodile and Giraffe.**
Tuesdays: final two sessions on December 2 and 9, 2025, 10:00 am to 12:00 pm.
Target audience: Cantonese-speaking Parents/Caregivers.

This workshop will show you how to foster empathy and communication skills through picture books. Learn how to support children’s language, cognitive, emotional, and social development, while building a joyful and meaningful habit at home. Childminding and bus tickets are available upon request. At Cameray, 2038 Rosser Avenue, Burnaby.
SPACE LIMITED. PRE-REGISTRATION IS REQUIRED. TO REGISTER, CALL: 604 436 9449 or scan the code:

About the book:
Crocodile and Giraffe is a charming and meaningful picture book series from Germany, filled with humor and heart. It follows the daily life of two very different characters – short and stubby Mr. Crocodile, and tall and elegant Mrs. Giraffe – who learn to live together in harmony despite their differences in appearance and personality. Through their everyday adventures and little moments, children not only learn how to embrace differences, but also develop cooperation, empathy, and friendship. At the same time, the stories support the development of language comprehension and emotional expression skills.



廣東話家長繪本工作坊：《鱷魚和長頸鹿》
Cantonese Picture Book Workshop for Parents: Crocodile and Giraffe

透過繪本培養孩子的同理心與表達力。促進語言、認知、情緒與社交發展
在家中建立開心又有意義的閱讀習慣
Foster empathy and communication skills through picture books. Support children's language, cognitive, emotional, and social development, while building a joyful and meaningful reading habit at home.

Date 日期: Nov 18, 25; Dec 2, 9, 2025 (週二), 共4節
Time 時間: 早上10時至12時 (Note 注意: for Nov 25, from 1pm-3pm)
Place 地點: 2038, Rosser Aveune, Burnaby V5C 0M7
Target 對象: 廣東話華人家長/照顧者 Cantonese Speaking parents/caregivers

提供兒託服務及免費巴士票



《鱷魚和長頸鹿》系列繪本
《鱷魚和長頸鹿》是一套充滿幽默感與教育意義的德國繪本系列，透過一對外形與性格截然不同的主角一矮小的鱷魚先生與高挑的長頸鹿太太一描繪他們在日常生活如何互相體諒、合作共處。

透過他們的冒險與生活點滴，孩子不但能學習如何克服差異、互相包容，亦能建立合作精神、培養關愛與友情，同時在閱讀過程中提升語言理解及情緒表達能力。

Crocodile and Giraffe is a charming and meaningful picture book series from Germany, filled with humor and heart. It follows the daily life of two very different characters—short and stubby Mr. Crocodile and tall and elegant Mrs. Giraffe—who learn to live together in harmony despite their many differences in appearance and personality. Through their everyday adventures and little moments, children not only learn how to embrace differences and show mutual understanding, but also develop cooperation, empathy, and friendship. At the same time, the stories support the development of language comprehension and emotional expression skills.

CHILD MINDING SERVICE & BUS TICKET
AVAILABLE UPON REQUEST

Holiday Event:

- EYPSP & PEP Winter Party: Wednesday, December 10, 9:30 am to 11:30 am, at Cameray, 2038 Rosser Avenue.**
Join us for a party filled with a variety of family-friendly activities, including music, photo booth, and a wealth of craft activities! Light snacks and festive goodies will be served throughout the party. Come and meet staff and other families. See you there!
★ **Please note: REGISTRATION IS REQUIRED; NO DROP-IN'S.**
Due to the popularity of past winter parties, priority is given to parents and children who have attended a Cameray group or individual session in the last six months.
You may register up to a maximum of four (4) people per family. Thank you for your understanding.

Group Registration - Early Years
and Parent Education programs

